

Putting the Medical ID feature on Android Phones

Android phones usually don't have built in health apps that allow you to create a Medical ID. But people with Android phones can still create Medical IDs that anyone can see from the lock screen without unlocking the phone. There are apps you can download that can give you a Medical ID. You can look on your own for one that you like. The rest of this guide will show you how to make a Medical ID using the free app *Medical ID (Free) ICE Contacts*.

- 1. First, you need to download the app. Go to the app store and download *Medical ID (Free) ICE Contacts*.
- 2. Open the new app, and you can create a profile. Fill out the profile with as much as you want, which includes: first name, last name, gender, birthday, blood type, height, weight, organ donor, medical conditions, allergies & reactions, medications, and medical notes.

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÷	Create profile 🗸 🗸	÷	Medical ID (free) 🗸	÷	Medical ID (free) 🗸 🗸
			Organ donor		Organ donor
		B	Medical Conditions		Medical Conditions
			Describe your medical conditions (e.g. hemophilia, juvenile diabetes)		Asthma
			Allergies & Reactions		Allergies & Reactions
0	John		Type your allergies and their associated symptoms (e.g. Pollen - Hives)		Pollen – itchy eyes and throat
	Middle name		Medications		Medications
	Smith		List the medications you are taking (name, dosage, frequency)		Cetirizine – daily
o [™]	Male		Medical Notes		Medical Notes
	Wed, June 19, 1996		Type any special instructions or other information you wish to provide (e.g. persons to contact in case of		Here is my insurance information:
۲	0+		emergency and their relationship type with you, the name of the hospital		
ţ	5 ft 10 in		where you were hospitalized for the last time, etc.)		

3. Then, tap the check mark in the upper right corner to finish the profile. Your Medical ID is ready!

Check out <u>www.GotTransition.org</u> for health care transition tools and resources





This is the settings menu. Tap on *Lock Screen* to see the different options for Medical ID.

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÷	Lock screen
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0	Floating icon Use a floating icon to give quick access to your medical information in an emergency
۲	Notification Use a persistent notification to give quick access to your medical information in an emergency
0	Overlay Use a widget on a second layer to give quick access to your medical information in an emergency

Settings
Alerts
Lock screen
Security
Advanced

You can try them all and see which you like best. Lock your phone to see what they look like.



To see your Medical ID, tap twice on the red icon at the top.

This is what your Medical ID will look like:



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Medical ID (free)							
John Smith Jun 19, 1996 (20 years) Organ donor							
HEIGHT 5 ft 10 in	WEIGHT 190 Ib	BLOOD TYPE O+					
MEDICAL CONDITIONS							
Asthma							
ALLERGIES & REACTIONS Pollen – itchy throat and eyes							
MEDICATIONS							
Cetirizine							
MEDICAL NOTES Here is where I'd put my insurance info My emergency contact info:							