



Christi Carter Urschel Family Resource Center
Hospitalization

Books for Parents

1. Your Child in the Hospital: A Practical Guide for Parents by Nancy Keene
2nd ed.; Sebastopol, CA: O'Reilly, c1999. ISBN: 1565925734
Children who are reassured about what lies ahead have less anxiety and cope more easily with procedures and treatments. Well-prepared parents can be calm and effective advocates for their children in a situation that can otherwise be difficult.
2. Ayudando a Su Hijo en el Hospital: una Guia Practica Para los Padres by Nancy Keene
(Spanish version of Your Child in the Hospital: a Practical Guide for Parents)
Sebastopol, CA: O'Reilly, c2002. ISBN: 0596500122

Books for Children

1. Clifford Visits the Hospital by Norman Bridwell
New York: Scholastic, c2000. ISBN: 043914096X
Clifford visits the hospital and gets into mischief everywhere he goes.
Ages 4-8
2. Clifford Vista el Hospital by Norman Bridwell
(Spanish version of Clifford Visits the Hospital)
translated by Teresa Mlawer. New York: Scholastic, c2000. ISBN: 0439188970
Ages 4-8
3. Curious George Goes to the Hospital by Margret & H.A. Rey, in collaboration with the Children's Hospital Medical Center, Boston.
Boston, Houghton Mifflin Co., c1966. ISBN: 0395070627
A curious monkey goes to the hospital after swallowing a piece of jigsaw puzzle.
Ages 4-8
4. Diana Estuvo en el Hospital by Diana C. Givaudan
Instituto Mexicano de Investigacion de Familia y Poblacion; Mexico City, MX, c1994.
(Spanish)
Diana has to go to the hospital for surgery to remove her appendix.
Ages 4-8

5. El Hospital by Debbie Bailey
Willowdale, ON: Annick Press, Ltd., c2000. ISBN: 1550376381
(Spanish)
Picture book that shows children in the hospital having various procedures done.
6. Everything You Need to Know About Staying in the Hospital by Patricia J. Murphy
New York, NY: Rosen Publishing Group, c2001. ISBN: 0823933253
Chapters include medical tests and “A Day in the Life of a Patient”. Features include photos and a helpful glossary.
Ages 9-14
7. Franklin Goes to the Hospital by Paulette Bourgeois & Brenda Clark
New York, NY: Scholastic, c2000. ISBN: 0439083702
Franklin's shell has cracked, and he needs to be a brave turtle when it's time to go to the hospital.
Ages 4-8
8. Gaspard in the Hospital by Anne Gutman, Georg Hallensleben.
New York: Knopf, Distributed by Random House, c2001. ISBN: 0375811168
Gaspard is taken to the hospital for an operation after he swallows his new racecar key chain.
Ages 4-8
9. Going to the Hospital by Fred Rogers; photographs by Jim Judkis.
New York: Putnam's Sons, c1988. ISBN: 0698115740
Describes what happens during a stay in the hospital, including some of the common forms of medical treatment.
Ages: baby-preschool
10. The Hospital Book by James Howe; photographs by Mal Warshaw.
New York: Morrow Junior Books, c1994. ASIN: 0517542358
A guide to a stay in the hospital discussing what happens there, the people one meets, what will hurt, how one gets better and goes home.
Ages 8-12
11. A Visit to the Sesame Street Hospital: Featuring Jim Henson's Sesame Street Muppets by Deborah Hautzig; illustrated by Joe Mathieu
New York: Random House/Children's Television Workshop, c1985. ISBN: 039487062X
Grover visits the hospital to find out what to expect when he goes to have his tonsils out.
Ages 4-8
12. When Molly Was in the Hospital: a Book for Brothers and Sisters of Hospitalized Children by Debbie Duncan; illustrated by Nina Ollikainen.

Windsor, CA: Rayve Productions, c1994. ISBN: 1877810444

Anna's little sister, Molly, has been very ill and had to have an operation. Anna tells us all about the experience from her point of view.

Ages 4-8

Video

1. Susan's First Surgery [videorecording] Children's Hospital of Wisconsin. Milwaukee, WI: Children's Hospital of Wisconsin, c1998.

Web site

1. Kid's Health: Nemours Foundation
http://kidshealth.org/teen/your_body/medical_care/hospital_stay.html
"What is it like to stay in the hospital" is an article that helps explain what to expect during a hospital stay.
Ages 10-18

Disclaimer: This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please contact your doctor or appropriate health care professional.