

Center for Excellence in Clubfoot Research

Texas Scottish Rite Hospital for Children treats more than 100 new patients with clubfeet each year and has more than 1,000 clubfoot-related clinic visits annually.

Directed by Chief Medical Officer B. Stephens Richards, M.D. the center facilitates extensive research into clubfoot – its cause, the effectiveness of nonoperative and operative treatments and the study of gait patterns in clubfoot patients.



TSRHC patient Lea, age 2 months, of Dallas



B. Stephens Richards, M.D., with TSRHC patient Arthur, age 5 months, of Dallas

TSRHC provides two nonoperative treatment methods for patients with clubfeet:

- The Ponseti casting method
- The French physical therapy method of stretching, massaging and taping.

These methods have been shown to be highly effective and are most successful if the treatment begins early in the newborn period.

In the rare event that complete correction of the foot cannot be achieved or maintained by these methods, surgery is an option.



Illustration depicting the bone deformities associated with clubfoot